Use of virtual reality: evaluating the effectiveness of safety training interventions on rail engineering projects

Shelley Stiles, Brendan Ryan and David Golightly





Safety training & the UK Rail Engineering Sector







Training has been a long-standing component of any safety management system (HSE 2013).

Training is one of the most commonly implemented interventions for companies seeking to improve safety (Colligan and Cohen 2004).





What makes safety training effective?

- Improving compliance
- Changing behaviours (Ekenes 2001 and Weidner et al 1998).
- Enhancing employee safety motivation and participation (Clarke and Flitcroft 2013)
- Transference to the workplace (Salas et al 1999)





The Kirkpatrick Evaluation Model

TRAINING DELIVERY

TIME

Level 1

Level 2

Level 3

Level 4

Initial reaction immediately post training

Knowledge/
learning,
change
attitudes,
develop skills

Behavioural change

Results
achieved,
impact on
safety
performance





Use of VR for safety training











Study aims & objectives

- How do participants rate the use of VR technology for the delivery safety training?
- What do participants report is the impact of the use of VR technology has on them as individuals and teams?
- How do participants compare the use of VR technology with more traditional safety training?





Method









Brief from Client Design/develop
film and
training module

Deliver training module

Follow up evaluation

(10/12 weeks later)



Pretraining feedback Post training feedback Follow up feedback



Demonstration of working around buried services module







Results

72% had never experienced VR previously

86% said 360safeVR made more impact than any other safety training







Results

Correctly answered the comprehension questions about key safety training points covered in the session

100% immediately post training



80% in follow up survey





Results

71%

of users said they
have personally
changed their
behaviours on site as
a result of the
360safeVR training







Conclusions







The use of VR technology and 360° film used as part of a safety training intervention can have a significant impact on an individual's behaviour.

360° film and VR provide an opportunity to deliver effective training to improve the safety within rail engineering projects.

Further studies are being undertaken to better understand the factors that contribute to such successful outcomes on safety.